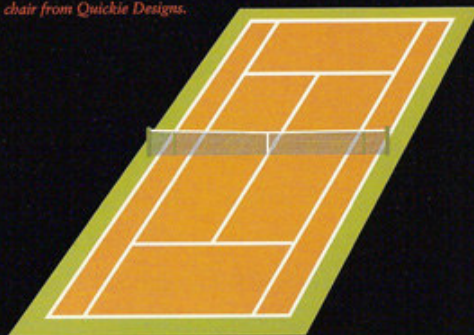


*Wheelchair tennis is played on a regulation tennis court. The only distinguishing rule is that players may elect to let the ball bounce twice before hitting it. Most players now use a chair with three wheels to enhance speed and maneuverability. Monique competes in a Shadow 3D chair from Quickie Designs.*



**MONIQUE KALKMAN, TENNIS: NETHERLANDS**



**"I train as hard as I can. In addition to two hours daily on the court developing technique and strategy, I throw three-foot-long Chinese joss sticks with my trainer to develop reflexes. Having someone pull back on my chair, then suddenly release it as I strain to move forward, finetunes my coordination. Weight-lifting builds my strength. And I race with my boxer, Murphy, for fun. I am willing to stay on the court as long as it takes to win."**

**PROFILE**

*As a Dutch teenager, Monique was an all-around athlete until a tumor and the resulting surgery left her a partial paraplegic at the age of 14. Today, she is the world's best female wheelchair tennis player, having won all of the sport's major singles, doubles and mixed doubles titles.*

**ATHLETIC ACHIEVEMENTS**

- Winner, 1994 Women's Masters Tournament
- Gold medal, women's singles and doubles, 1992 Paralympics
- 1992, 1993, 1994 IWFT world champion
- 5-time winner, U. S. Open, women's singles and doubles

**PERSONAL ACHIEVEMENTS**

*As marketing coordinator for Sunrise Medical in the Netherlands, Monique plans and implements programs that increase awareness of Quickie products in the Benelux countries. Monique has received numerous awards honoring her athletic accomplishments and civic contributions. When competing, she is sponsored by Sunrise Medical, Nike, Wilson, Amstelpark and Babolat. Her husband, Mark, is her coach.*

